



Rudolf  
Steiner  
House  
EVENTS

Spring ~ Summer 2021

Rudolf Steiner House 35 Park Road London NW1 6XT

# Welcome to Rudolf Steiner House

**These are our normal opening times below. However, under present circumstances, please check actual opening hours on our website.**

## **Rudolf Steiner House**

35 Park Road  
London NW1 6XT  
www.rsh.anth.org.uk

## **Office**

Opening hours  
Monday to Friday 9am – 5.30pm  
T: 020 7723 4400

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Finance and Administration Manager  
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doris.bailiss.rsh@anth.org.uk

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Communication and Administration Officer  
ilona.pimbert.rsh@anth.org.uk

## **Bookshop**

Opening hours  
Monday to Friday 12 noon – 3pm,  
4pm – 7.30pm. Saturday 10am – 6pm  
rsh-bookshop@anth.org.uk  
T/F: 020 7724 7699

## **Library**

Opening hours  
Tuesday, Thursday, Saturday,  
12 noon – 2pm and 3pm – 7pm  
rsh-library@anth.org.uk  
T: 020 7224 8398

## **Café**

Opening hours  
Saturday 9am – 5pm  
The Café can be opened at other times by  
request, please contact the Office for further  
information.

## **Receiving the EVENTS BROCHURE**

For an electronic version of this magazine  
contact  
ilona.pimbert.rsh@anth.org.uk

## **EVENTS team**

Christiana Bryan, Glenn Charles, Ilona Pimbert

## **Design & Print**

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## **Please send your submissions to**

ilona.pimbert.rsh@anth.org.uk

**Deadline for submissions to the next issue – Monday 28 July**

**Continued covid restrictions may affect meetings,  
so please check the website before coming in person.**

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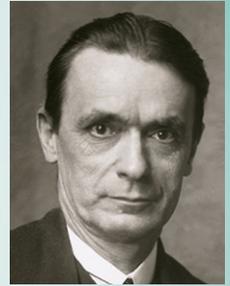
## **Online events**

Back Cover: Rudolf Steiner's Midsummer Imagination – a watercolour exercise

Opinions expressed in this leaflet are the responsibility of their authors. They do not represent the views of the Anthroposophical Society in Great Britain. A Society cannot have an opinion, only individuals can.

# ABOUT ANTHROPOSOPHY

**RUDOLF STEINER** (1861 –1925) was an Austrian philosopher, scientist and social reformer who extended scientific research beyond the existing parameters of natural science to investigate the non-physical, spiritual realities of life. Using clear and accessible means for attaining spiritual knowledge, he offered insights that have inspired new approaches in many fields of contemporary practical life. He shared the results of his work in over 40 books and 6,000 lectures. Many of these works are available in the bookshop and/or Library in Rudolf Steiner House. Rudolf Steiner Press is the sole publisher and distributor of his work in the U.K.



During the course of his life, Rudolf Steiner collaborated with doctors, therapists, farmers, business people, teachers, scientists and artists. These collaborations created Waldorf Schools, biodynamic agriculture, new economic and social models, the Camphill movement, anthroposophic medicine and a large number of other initiatives that exist today in Great Britain and across the world. Many of the people who come to Rudolf Steiner House are actively working in these fields.

Rudolf Steiner re-founded the Anthroposophical Society at the Goetheanum in Dornach, Switzerland in 1923 as: “an Association of people whose will it is to foster the life of the soul both in the individual and in society, based on a true knowledge of the spiritual world”. The Society is in no sense a secret society as membership is open to everyone regardless of religious belief, race, nationality, social standing, scientific or artistic conviction. Membership is therefore not dependent on agreeing with the results of Rudolf Steiner’s spiritual research. He considered freedom of thought to be fundamental to human existence, including the freedom to disagree with his teachings.

The Anthroposophical Society in Great Britain was founded in Rudolf Steiner’s presence in London in 1923 and in 1932 Rudolf Steiner House at 35 Park Road became its headquarters.

The Society not only embraces the activities that take place in the theatre and meeting rooms here but also work and study in local groups across Great Britain, including the celebration of festivals, artistic performances, courses, trainings, lectures and major national and international conferences. It is funded by its members who are asked to make an annual financial contribution to support its work. Governance of the Society lies with the Council who, together with the Honorary Treasurer and General Secretary, are appointed by its members.

**Marjatta van Boeschoten**

*General Secretary of the Anthroposophical Society in Great Britain*

## STUDY AND CONVERSATION GROUPS

**Our reading groups** provide the opportunity in a very informal setting to explore Rudolf Steiner's work with others. There is no need for any prior participation or knowledge, and everyone, young and old, is very welcome to join us at any time, just once or as often as it suits. We aim to create a friendly, inviting atmosphere, as good humoured as it is serious. Working together, we share our reflections on the immediate theme and try to pay as much attention to listening as to speaking. We find that studying together provides a wonderful opportunity for the whole group to advance in knowledge and understanding. Members and friends are warmly invited to groups at any time even for one-off visits. Previous participation is not necessary and there is no need to book.

**Small donations towards expenses welcome: £3/£2**

All the Rudolf Steiner lectures and writings that we are studying are available from the library at Rudolf Steiner House and, in addition, many may be accessed online at the *Rudolf Steiner Archive*.

**Meetup website: [www.meetup.com/rudolf-steiner-spiritual-science](http://www.meetup.com/rudolf-steiner-spiritual-science)**

### MONDAYS

#### **Karmic Relationships Volume 2**

with Trevor Dance

**10 & 24 May, 7 & 21 June, 5 July**  
**7pm – 8.30pm**

These profoundly esoteric lectures examine the laws inherent in reincarnation and karma, and explore in detail the incarnations of specific historical figures.

The opportunity to study this lecture series in a group affords us a chance to really get to grips with these fundamental issues, which demonstrate the realities of the workings of karma in human life.

For further information,  
[trevordance@hotmail.com](mailto:trevordance@hotmail.com)

#### **How to Know Higher Worlds**

with Dr. Sue Peat and Philip Martyn

**17 & 31 May, 14 & 28 June, 12 July**  
**7pm – 8.30pm**

This book outlines a sure path from the everyday world of physical existence into a living, personal experience of the spiritual world. We will be carefully following the text together, discussing how we may best apply the spiritual exercises Rudolf Steiner outlines in it to our own lives and experiencing how working with these exercises can be a transformative experience. All are very welcome, whether you are new to the work of Steiner, or have worked with these exercises before.

Link: <https://tinyurl.com/3vkc3bsd>  
Meeting ID: 885 9470 5782

Passcode: 636199

Or dial in on 0203 481 5240, 0203 901 7895, 0131 460 1196, 0203 051 2874 or 0203 481 5237 Find your local number: <https://us02web.zoom.us/j/keqORBL4I0>

For further information  
[suejoanpeat@gmail.com](mailto:suejoanpeat@gmail.com)

### TUESDAYS

#### **A Sound Outlook for Today and a Genuine Hope for the Future**

with Brendan McQuillan

**11, 18 & 25 May; 1, 8, 15, 22 & 29 June;**  
**6 & 13 July 7pm – 8.30pm**

These seven lectures, from summer 1918, were given in Berlin as WW1 was raging. They are very wide ranging, covering themes such as states of consciousness. Steiner explains how the theory of 'repeated earth-lives' already exists as a reality in the human soul, for within ordinary consciousness, other, 'dim and shadowy' states exist, to be fathomed only by looking at the human being's threefold division of head, breast and limbs. So that by means of the head, a 'dream-like consciousness' enables him to look back into earlier earth-lives, and that the 'limb man' unfolds a continual 'dream-consciousness' of the next life on earth.

The lectures also include perhaps the most remarkably revealing insights into Steiner's conception of the first Goetheanum. For further information,  
[ben.mcquillan@outlook.com](mailto:ben.mcquillan@outlook.com)

## WEDNESDAYS

### The Karma of Materialism

with Trevor Dance

**12 & 26 May, 9 & 23 June, 7 July**

**2pm – 4pm**

Materialism draws a veil between ourselves and the spiritual world. The fact that our age is materialistic does not, however, prevent there being many links with that world. These lectures examine many aspects of this paradox.

For further information,

trevordance@hotmail.com

### Christ and the Human Soul

with William Bishop

**5 & 19 May, 2, 16 & 30 June**

**2pm – 4pm**

Four lectures given by Rudolf Steiner in July 1914. Deceptively simple and yet profound in their insights these four lectures from notes unvisited by the lecturer offer the kind of nourishment and support much needed at this time.

For further information,

william.bishop@blueyonder.co.uk

### The Mission of Folk-Souls in Connection with Germanic and Scandinavian Mythology

with Brendan McQuillan

**12 & 26 May, 9 & 23 June, 7 July**

**4.15pm – 5.45pm**

This series of eleven lectures is one of only two lecture series reworked before publication by Steiner.

In the very first lecture Steiner explains his reasons for presenting the course: 'it is... not without reason that just at the present time ..... the Mission of the several Folk-souls.....should for once be spoken of quite impartially..... It is especially important, because the fate of humanity in the near future will bring people together much more than hitherto..... to fulfil a common mission..... But the individuals belonging to the several peoples will only be able to bring their free, concrete contributions to this joint mission, if they have, first of all, an understanding of .....what we might call *'The Self-knowledge of the Folk.'*

For further information,

ben.mcquillan@outlook.com

### Souls of the Nations

with Brendan McQuillan

**19 May, 2, 16 & 30 June, 14 July**

**4.15pm – 5.45pm**

We will be reading this wonderful commentary by George Adams Kaufmann on Rudolf Steiner's Mission of Folk-Souls lectures as a supplement to the study of those lectures. In its own right, this is an extremely valuable study guide.

For further information,

ben.mcquillan@outlook.com

### Materialism and the Task of Anthroposophy

with David Lowe

**14, 21, 28 July, 4, 11, 18 August,**

**1, 8, 15, 22 September**

**7.15pm – 8.45pm**

These lectures from 1921 are an inspiring presentation of the many aspects of materialism that has become the dominant way we experience the world today. It covers both its origins, what it will become in the future and what Anthroposophy has to offer in its place.

For further information,

freerlife@gmx.com

### The Path to Freedom and Love?

with David Lowe

**14 April**

**7.15pm – 8.45pm**

What are these two fundamental ideas and how do they relate to our lives. Easter is a time that raises these questions at their deepest level and shows us the power of evil but also how it may be overcome.

For further information,

freerlife@gmx.com

### Anthroposophy and Clairvoyance

with David Lowe

**12 May**

**7.15pm – 8.45pm**

What kind of spiritual knowledge does Anthroposophy give us? Are there different kinds of clairvoyance and are they helpful to us? What is our relationship to knowledge given by clairvoyants?

For further information,

freerlife@gmx.com

**Different Stages of Life**

with David Lowe

**9 June****7.15pm – 8.45pm**

We recognise that each stage of life brings many challenges and the need to change our approach to how we live. What have we learned from these? What are the special challenges for those in their 26th year?

How does it affect the rest of life?

For further information,  
freerlife@gmx.com

**Moral Aspects of the Present**

with David Lowe

**7 July****7.15pm – 8.45pm**

We are individually faced with huge moral questions today which affect the way we live and our relations to others. How should we respond to them? Can Anthroposophy help us to find a balance in our lives in face of so much that threatens to overwhelm us?

For further information,  
freerlife@gmx.com

**THURSDAYS****Reading to the Dead*****Staying Connected***

with Iaia Chiesa

**First Thursday of the month from May****6.45pm – 8.15pm**

As one of the recognised tasks of Anthroposophy, we will be reading to the so-called dead, to establish and/or re-establish a connection with the dear ones who have crossed the threshold.

For further information,  
laiac53@yahoo.com

**FRIDAYS****Looking at Art**

with David Lowe

**7 May, 4 June****7.30pm – 8.45pm****John Constable and J.M.W. Turner:  
Contrasting Lives – 7 May**

Two artists who lived in the same period but had very different approaches both in content and style. Turner was a great traveler exploring much of Western Europe. For Constable, Brighton and Salisbury were the extent of his journeys. Turner's skyscapes often explode with light; Constable spent years studying the precise form of clouds on Hampstead Heath every day.

For further information,  
freerlife@gmx.com  
higherfreerlife.co.uk 07926196446  
£7 or £5 for concessions

**Michelangelo's Life of Soul  
4 June**

Michaelangelo's thirty years established him as the greatest sculptor of his age and perhaps of any age. The period culminates in the Pieta which can be seen now in St Peter's in Rome and his David which he created for his native city of Florence. We will follow the development of his work and the path of his biography to see what we can learn from them about his life of soul.

For further information,  
freerlife@gmx.com  
higherfreerlife.co.uk 07926196446  
£7 or £5 for concessions



Michelangelo: Madonna of the Steps: 1489–1492

# FRIDAY SEMINARS AND LECTURES

## Living the New Normal Fridays 7.30pm – 9pm

In this series of seminars, we will be exploring ways of approaching and creating for ourselves a 'New Normal' as we emerge from the COVID pandemic. Speakers will be sharing insights and experiences inspired by the work of Rudolf Steiner. All are very welcome.

**Zoom link <https://tinyurl.com/vsxvwx5>  
Meeting ID: 859 8457 5534  
Passcode: 011112**

**Or dial by your location at <https://us02web.zoom.us/j/k5M5oQrxw>  
UK numbers: 020 3901 7895 or 0131 460 1196**

For further information please contact Sue Peat,  
[suejoanpeat@gmail.com](mailto:suejoanpeat@gmail.com) or 07770 577 372

Details of the Friday events can be seen on  
[www.meetup.com/rudolf-steiner-spiritual-science](http://www.meetup.com/rudolf-steiner-spiritual-science)

Recordings of some events will be available from [Tobias@soundingbowls.com](mailto:Tobias@soundingbowls.com)

### **Crossing the Threshold: Consciously or Unconsciously?**

with Dr James Dyson  
**28 May**

James will be offering us a contemporary exploration of the dynamics of 'spiritual emergence' and 'spiritual emergency'. In this talk, he hopes to explore how changes in humanity's consciousness over the last century have become reflected in the anthroposophical path of esoteric development as well as affirming some of the more permanent features and preconditions of this path.

*James is now working in adult education as a psycho-spiritual psychologist with a special interest in child development and mental health. He was a practising physician for nearly forty years and co-founder in 1979 of Park Atwood Clinic, formerly an anthroposophical residential medical facility.*

### **Grounding Yourself in the New Reality**

with Tobias Kaye  
**4 June**

This talk will be an introduction to Being who you Do, which is a step beyond being who you think you ought to be. Tobias will take us through the seven basic exercises outlined in chapter five of Rudolf Steiner's

seminal work Knowledge of the Higher Worlds. These simple observances have a remarkably grounding and calming effect on our lives. Though mentioned as something we need to have in place before we begin, they can support us through the entire Journey of Awakening, forming a healthy foundation for genuine achievement in today's ever-changing world.

*Tobias was educated at Michael Hall. He has sought to find his own relationship with Steiner's work through seeking the connections it creates with daily life and other spiritual traditions. Having been graced with the vision of a new musical instrument Tobias produces these in an arts and crafts process in Devon and markets them worldwide.*

### **Living Life after COVID**

with Dr. Peter Gruenewald  
**11 June**

The pandemic has presented us with unprecedented challenges and many unanswered questions in the realms of healthcare and lifestyle. As with any disease, we are being asked to make changes and make progress in how we relate to our own health and the health of communities. But how do we do that? Peter will give an update on current medical opinion and share ways in which

we can personally work with the impact of COVID 19 and its management on our own health and on the health of humanity.

*Peter is an Anthroposophical Doctor working both in the NHS and privately as a specialist and GP. He has a specialist interest in cardiovascular physiology and in how new insights into heart function are leading to a deeper understanding of its central place in our physiology*

### **The Rosicrucian Path of Redemption: Uniting Moral Substance with Human and Nature Consciousness**

with Patricia Kaminski  
**18 June**

The current conception of morality is one that exists only within the interior consciousness of humanity. On the other hand, Nature is viewed as an outer reality lacking in moral substance; it is a materialistic corpse that supplies us with quantities of things but not qualities from beings. This situation creates a particularly bleak reality for elemental beings, who are increasingly unable to receive nourishment or encouragement from the chiseled and hardened human intellect. The healing way forward is one with which every human being can engage in seemingly small and daily ways. Patricia's lecture will focus on how we can understand and begin to practically implement the most essential aspects of the Rosicrucian Path, one that is graced in our time by the extraordinary presence of the Christ in the etheric/elemental world.

*Patricia is the Executive Director of the Flower Essence Society, a worldwide collegium of practitioners who research and heal with the subtle essences of plants. She is also the Developmental Director of Terra Flora, a Demeter-Certified Biodynamic Garden, Nature Sanctuary and cottage industry in Nevada City, California.*

### **The Moral Breath and Future Worlds**

with Angus Jenkinson  
**25 June**

In this talk, Angus will explore how the deep organism of the human is literally creating the future of the Earth and so creating cosmic futures. This has relevance for artists and scientists, the spiritually minded and the socially and environmentally concerned. It spells out the intimate belonging of the human to this beautiful planet and their mutual future development. A new colouring and purpose comes to life in those who have awakened the profound depths and heights of human existence.

*Angus is a cross-disciplinary thinker and director of the Centre for Thinking Futures and the author of four books.*

### **New Materials for a New World**

with Dr Carmen Hijosa  
**2 July**

The pandemic has resulted in a global increase in awareness of the damage human beings are causing to the environment – from the way we travel to the clothes we wear. Our personal actions can make a real difference to the environment and to the social situation of those involved in the manufacture and distribution of the clothes and footwear we choose. Carmen will outline how a 'waste product' has been transformed into an alternative to leather, together with how this has the potential to transform both our lives and the lives of those involved in its manufacture.

*Carmen is an ethical entrepreneur with a vision for a more sustainable future, connecting people, ecology and economics. She is the founder of Ananas Anam UK Ltd and developer of Piñatex – the innovative natural textile made from pineapple leaf fibre. [www.ananas-anam.com](http://www.ananas-anam.com)*

# BIODYNAMIC MARKET STALL

Every Saturday from 17 April  
10am – 2pm

The biodynamic stall has been joined by Noel, a nutritionist with great knowledge of the light root (dioscorea batatas) who has been helping Kenny bring the most amazing produce from Tablehurst Farm and Michael Hall's Garden. Availability is seasonal including leeks, jerusalem artichokes, carrots, black and white radish, cavolo nero, kale, golden and purple beetroot, chioggia, kohlrabi, parsnips, red cabbage and apples. We also have haloumi, cheddars and the 'best yoghurt I have tasted' from Plaw Hatch; eggs and wonderful apple purees, juices, syrups, cordials, fermented fennel and sauerkraut from Brambletye. From Shire Farm we have their delicious apple juice and highly nutritional aronia berry juice as well as rye and spelt flour. Also bread is available from an experienced artisan baker called Gail.

We look forward to seeing you at the stall from 10am to 2pm every Saturday.

Kenny Coffey

belikeabird@gmail.com

07957 799 336



## WORKSHOPS

### How Can I Become a Truly Creative Performing Artist?

with Sarah Kane

**Sunday 11 April and 9 May 11am – 6pm**

In total this is a nine-month part-time artistic exploration of Michael Chekhov's approach to acting and theatre for actors/performers, from September 2020 – May 2021.

The nine sessions aim to introduce participants to – and deepen their understanding of – the strongly creative and highly artistic techniques developed by Russian actor Michael Chekhov in the middle of the twentieth century. Their purpose is to inspire and empower actors for their future work. They have been growing in popularity in the UK since the 1990s.

Workshop fees:

1 workshop £35; concessions: £30

3 workshops £90; concessions: £75

9 workshops £220; concessions: £180

Sarah Kane is the Co-Founder of the Michael Chekhov Centre UK (now Michael Chekhov UK) and of MICHA USA.

A new series of Sunday workshops exploring Michael Chekhov's acting technique will be running from September 2021 to June 2022.

For further information and bookings

[info@performingartsintl.org](mailto:info@performingartsintl.org) or [www.performingartsintl.org](http://www.performingartsintl.org)



## An Introduction to Gardening the Biodynamic Way

with Dr Sue Peat and Philip Martyn

**Sunday 27th June 2pm – 5pm**

Biodynamics is an organic method of cultivation, arising out of Rudolf Steiner's spiritual research. It works with the rhythms of the movements of the Sun, Moon, planets and stars to which the plants respond. The workshop will cover the background to the biodynamic planting calendar, composting and the biodynamic preparations. Participants will be invited to exchange seasonal gardening tips, ideas and experiences. For the last hour we will stir the horn manure preparation (known as 500), so bring an empty screw top bottle if you want to take some home. A 500ml bottle is enough for an average garden. The workshop is suitable for those new to biodynamics and for anyone who would like to give their garden, window boxes or house plants a summer treat!

Philip Martyn and Dr Sue Peat are long term students of Rudolf Steiner. Philip is a retired lawyer and has previously served as co-general secretary of the Anthroposophical Society in Great Britain. Sue is a medical consultant at Kings College Hospital, with a specialist interest in pain relief and medical education.

All welcome, no need to book. £10 / £5



## Goethean Psychology

with Graham Kennish

**Every Wednesday starting from 17 March, 7.30pm – 9pm**

**Every Saturday starting from 20 March, 11am – 12.30pm**

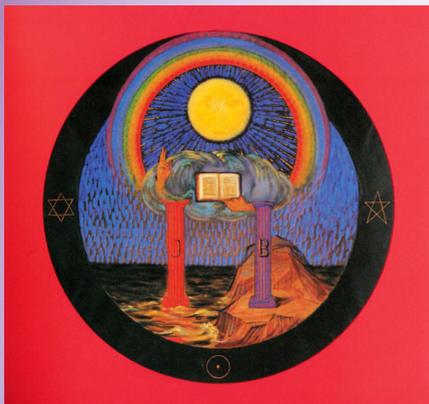
These are 1.5 hour (fee-free) Zoom workshops and talks on Goethean Psychology, the observation of one's own inner life through the language of gesture.

Graham Kennish is a Steiner science teacher trainer, a driving instructor and a psychotherapist (MBACP Accredited) holding many workshops and individual sessions in Goethean Psychology.

Fee-free, but donations to cover Zoom costs are welcome.

For further information: [www.goetheanpsychology.co.uk](http://www.goetheanpsychology.co.uk)

[kennish46@gmail.com](mailto:kennish46@gmail.com) or Tel: 07973 680959



### The Apocalyptic Seals by Rudolf Steiner in the reality of space and time

3 Zoom lectures with Mónica Oliva

**Thursday 10, 17 and 24 June 7.30pm to 9pm**

The Apocalypse of St. John is a paradigmatic work for the times in which we are living. I aim to unfold the main aspects, about which Steiner spoke in his two lecture cycles of 1908 and 1924. The central chapters 10 ~ 13 constitute the nucleus at the heart of the book at the sounding of the seventh trumpet. These chapters correspond to Steiner's Seals IV and V, in the description of which he refers to the characteristics of the different regions of the world and the opening of the upward path with the vision of Virgin Sophia and the dragon.

After each lecture there will be some time for us to exchange ideas.

Mónica is Argentinian, resident in Santiago de Chile and a frequent traveler to London. She has an Architecture degree in Buenos Aires, and an MA in Political Science from Heidelberg University, Germany, with a thesis on Steiner's Social Threefolding. She is an upper school teacher in Michelangelo Waldorf School in Santiago, teaching Philosophy, History, Parzival and Faust. She has given many lectures in Argentina and Chile and also has published three essays and many articles.

For enquiries please contact: oia\_oia@hotmail.com

<https://tinyurl.com/vmhd9kaa>

**Meeting ID: 864 3700 0587**

**Passcode: 040370**

To find your local number: <https://us02web.zoom.us/j/kesAJkhShV>

**The Fairy Tale and the Portal**

with Trevor Dance

**Saturday 3 July 2.30pm – 4pm**

We will be examining the relationship of The Portal of Initiation to Goethe's alchemical fable, The Green Snake and the Beautiful Lily.

The first of Steiner's Mystery Dramas is delightfully rich in content, as is Goethe's tale. The session will consist mainly of a talk by Trevor Dance, with some reading from the play and the tale. As the readings will not be long, any version of the play is fine – if you do not have a book it is not a problem.

<https://tinyurl.com/uxj59uzk>

**Meeting ID: 825 0620 6847**

**Passcode: 0S7XHg**

Admission free.

All welcome.



## HOLY WEEK ZOOM MEETINGS

All are welcome to join us either via zoom or by phone.  
The meetings will be open from 6.30pm  
if you would like to meet friends for informal discussion.

<https://tinyurl.com/53z3nupr>

Meeting ID: 892 9348 4530

Passcode: 979332

**Or dial in on one of the following numbers and give the ID and passcode as above  
0131 460 1196, 0203 051 2874, 0203 481 5237, 0203 481 5240 or 0203 901 7895**

### **The Easter Events from an Anthroposophical Perspective?**

*with Philip Martyn and Dr. Sue Peat  
(London)*

**Sunday 28 March**

During this meeting we will be reading Biblical texts as a reminder of the events as they are recalled in the Gospels, then exploring some of the insights Rudolf Steiner offered into the 'Mystery of Golgotha'. This meeting will give an introduction to the week and will be particularly helpful to those who are new to the work of Rudolf Steiner and to those who would like a reminder of the events. *Philip Martyn and Dr Sue Peat are long term students of Rudolf Steiner. Philip is a retired lawyer and previously served as co-general secretary of the Anthroposophical Society in Great Britain. Sue is a medical consultant, with a specialist interest in pain relief and medical education.*

### **Rudolf Steiner's Calendar of the Soul Easter Verses**

*with Douglas and Marguerite Miller  
(Michigan)*

**Monday 29 March**

The Calendar of the Soul is a series of weekly meditations that take us through the course of the year. It begins at Easter – at the Mystery of Golgotha, the cosmic Turning Point in Time – opening a door for us to experience ourselves and the world and time in a new and different light. We will look briefly at how the Calendar of the Soul, the calendar of the New Mysteries in our time, came to be – then turn our attention to the Calendar's Easter Mood

and its mirror verse.

*Douglas and Margaret Miller are translators who live in Michigan U.S.A. Douglas is a retired professor of German at the University of Michigan – Flint in the United States; his research, publication, and lecturing has focused on Goethe's accomplishments as a scientist and writer, as well as on the history and meaning of Rudolf Steiner's work.*

### **The Story of the 4th Wise Man**

*with Geoffrey Norris (Sussex)*

**Tuesday 30 March**

Geoffrey will present this tale of love and endurance by Henry Van Dyke. 'Who seeks for heaven alone to save his soul, May keep the path, but will not reach the goal: While he who walks in love may wander far, Yet God will bring him where the blessed are'. *Geoffrey Norris is an actor, director, storyteller and master of Creative Speech. He is the founder of the Speech and Drama Studio. [www.speechanddramastudio.com](http://www.speechanddramastudio.com)*

### **The Mercury Forces**

*Tom Hart–Shea and Rick Moxon  
(Hemel Hempsted and London)*

**Wednesday 31 March**

Rick and Tom will explore what happens in the life of Christ on Holy Wednesday, the main characters involved, and how Christ transforms the Mercury forces playing into these events, compared with the Mars forces which were active in the events on Holy Tuesday. We will also explore how these forces now work in more recent times. *Rick Moxon works in environmental protection and Tom Hart–Shea is a retired teacher.*

**The Ground We Walk On***with Eric Klein (Gloucestershire)***Thursday 1 April**

In our lives, we receive support from many sources; earthly and heavenly, from nature, from the spiritual world. We could say that our karma is very much to do with the grounds of existence we encounter. The washing of the feet we read about in the Gospels on Holy Thursday is a gesture from Jesus Christ to his disciples, thanking them for his opportunity to realize his destiny among them. Can we find in our hearts the gratitude for the help we have received in our lives, for the support from the ground we walk on?

*Eric Klein was born in the U.S.A. and studied music there. He is a violinist and teacher with a particular interest in the development of human thought.*

**Envisioning Good Friday***with Cheryl Martine and Marijo Rogers (California)***Friday 2 April**

The work of Rudolf Steiner helps us envision Good Friday as a Turning Point in Time, as a deed of utmost selflessness and cosmic significance. How might we see the experiences of people living during that great historical moment? In our time, Rudolf Steiner calls us to recognize, to cognize, the reappearance of Christ in the etheric. What support and understanding might we garner by contemplating Good Friday from the perspectives of the past and of today?

*Cheryl Martine and Marijo Rogers are members of the Faust Branch of the Anthroposophical Society in Fair Oaks near Sacramento, California.*

**Easter Saturday – 'The path to paradise begins in hell' (Dante Alighieri)***with Peter Van Breda (London)***Saturday 3 April**

The decent into hell – the events between the Crucifixion and Resurrection – remain a mystery spoken of in the biblical text and portrayed in many artistic works. This day celebrates the penetration of the Christ forces into the earth and into the past in preparation for the Resurrection. During this talk Peter will explore the meaning of this profound and unique day of the Christian year.

*Peter Van Breda is a priest of The Christian Community, a movement for religious renewal.*

**The Little Prince – an Easter contemplation***with Matt Dexter (Cambridgeshire)***Sunday 4 April**

We will celebrate Easter Sunday with Matt presenting this modern classic by the French aviator and writer Antoine de Saint Exupery originally published in 1943. The tale tells the story of a child, the little prince, who travels the universe and gains wisdom. Perhaps by carefully listening through the words we shall also gain wisdom?

*Matthijs Dexter is a speech artist and translator, giving regular readings and performances at festivals and events.*

## WHITSUN FESTIVAL

**Parzival***Hosted by The Anthroposophical Society in Great Britain***21 – 23 May**

A weekend exploring Wolfram von Eschenbach's great epic in celebration of Whitsun

**21 Friday**

4pm – 6pm

Informal gathering over tea for teachers and others working with Parzival to share their enthusiasm, insights, practices and experiences

7.30pm – 9pm

**The Grail in Wolfram's *Parzival*** lecture by Andrew Welburn

**22 Saturday**

10pm – 10.45pm

**The Mission of the Parzival individuality in the 21st Century**

Frans Lutters

11pm – 11.45pm

**Who is Ither?** Steve Roberts

11.45pm – 12.30pm

**Themes, polarities and transformations in *Parzival***

Johannes Steuck

12.30pm – 1pm

Presentation of afternoon groups

1pm – 2.30pm

Lunch

2.30pm – 3pm

**Recitation or singing**

3pm – 4.30pm

Elective groups: Andrew Welburn, Steve Roberts, Frans Lutters, Ineke Lutters, Johannes Steuck

4.30pm – 5pm

Tea

5pm – 6pm

**The Planets in *Parzival*** Josie Alwyn and William Forward

Supper

7.30pm – 9pm

**Arthur** a new drama by Peter Oswald performed by students and staff of Ruskin Mill Trust

**23 Sunday**

10pm – 12.30pm

**Festival for Whitsun**

Music

**Pentecost in Wolfram's Epic** Andrew Wolpert

Open Space for shared conversation

The weekend is conceived as a whole, but we recognise that the reality of people's lives may mean they can attend just parts of the whole programme. Suggested contributions towards expenses: Friday Lecture £10, the Saturday events £35 (£40 combined), and no charge for the Festival on Sunday.

If you are interested in an excursion to Tintagel from Tuesday 18 to Thursday 20 July, please contact Andrew Wolpert [andrewjwolpert@gmail.com](mailto:andrewjwolpert@gmail.com)

If you are unable to come to this event for personal reasons or because it might not take place and are interested in receiving summaries of the lectures, please write to Andrew Wolpert.



**The Beauty of Movement**  
**Saturday 17 July**  
**All day exhibition in Foyer and evening workshop 6pm – 8pm**

Anthroposophy and Yoga – Can Yoga be useful for Anthroposophy?

To accompany a one-day exhibition: The Beauty of Movement

An introductory talk and practical workshop about the three-fold structure of the soul in relation to a Yoga exercise.

‘The three-fold structure, a theme in Rudolf Steiner’s social organism, can find practical application out of physical exercise in New Yoga Will, within the process of shaping consciousness and artistic endeavour.’ (Heinz Grill, 2020)

*Flora Duley is an artist and long-term student of the spiritual researcher, Heinz Grill. She is an Arts Tutor and Educator and has a professional Yoga Teacher qualification. After teaching yoga for fifteen years she has developed a new practice of Soul Exercise in Art.*

Donations welcomed.

For further information, contact Flora Duley: [info@foldandflow.com](mailto:info@foldandflow.com) or 07527 453710



**A Piano Recital by Hristo Kazakov**  
**Saturday 24 July 7.30pm – 9pm**

This highly acclaimed pianist is returning to London and will play works by Schubert and Bach.

The programme will include Schubert’s Piano Sonata 21, the Benediction by Liszt, and some Bach Fugues.

Admission £10/ £5 at the door.

Contact details for further information and bookings: [andrewjwolpert@gmail.com](mailto:andrewjwolpert@gmail.com)



**The Work of Sergei Prokofieff**  
**Sunday 25 July**  
**10am – 9pm**

This event commemorates the seventh anniversary of Sergei's death and will be devoted to exploring how his work lives and nourishes activities in the arts and in spiritual research. The day will include a selection of his early and late poetry and a performance of eurythmy, as well as contributions describing the continuing inspiration of his lectures and publications.

Contact details for further information and bookings:  
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**Open House London**  
**Sunday 5 September**  
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## THE THERAPY AND WELLNESS CENTRE

The Therapy Centre at Rudolf Steiner House is run by qualified therapists, doctors and practitioners. Our work is based on an anthroposophical understanding of health and illness, and we work out of strong ethical principles. We try to understand not only what makes someone unwell or in need but also what leads a person back to wholeness and wellbeing. There is currently one Anthroposophical Medical Doctor associated with the Centre:

**Dr Peter Gruenewald** AMA reg. (previously CAHSC reg.)

For further information: [www.londonintegratedhealth.co.uk](http://www.londonintegratedhealth.co.uk)

M: 07898 650 182 or [epi@londonintegratedhealth.co.uk](mailto:epi@londonintegratedhealth.co.uk)



### Artistic Therapy (children and adults)

*Anniek Verholt BA, MA, AATA*

Anniek works in private practice; she also meets clients via Skype. After more than 17 years, she has developed a unique way of working which combines counselling and coaching techniques with a holistic therapeutic approach using mindfulness and creative expression.

For further information: [www.artstherapylondon.co.uk](http://www.artstherapylondon.co.uk)

M: 07717525782

[info@artstherapylondon.co.uk](mailto:info@artstherapylondon.co.uk)



### Counselling

*Julia Dvinskaya Reg. MBACP (Accred.), MPABC, MUKAACP*

Julia is a biographical counsellor with several years of experience working with people struggling with relationships, life turning points, stress, crisis, anxiety, loss, uncertainty, confidence and other questions of finding strength to face their life challenges. Julia also facilitates biography work in groups.

For further information: [www.mylifeandcounselling.com](http://www.mylifeandcounselling.com)

M: 07939 011508

[juliadv.counsellor@gmail.com](mailto:juliadv.counsellor@gmail.com)



### Psychotherapy and Counselling

*John Lees UKCP reg, BACP Snr accredited.*

John offers individual anthroposophic psychotherapy and counselling for the effects of trauma, anxiety, depression, life crises, incarnation problems and psychosomatic problems. He is trained in anthroposophic psychotherapy and leads the training course in anthroposophic psychotherapy at Emerson College. He has worked as a therapist for 28 years and as a clinical supervisor for 22 years.

For further information: [www.johnleestherapy.com](http://www.johnleestherapy.com)

M: 07931319454

[fjohnlees@aol.com](mailto:fjohnlees@aol.com)



### Physiotherapy and Rhythmical Massage

*Anna van Zelder Chartered Physiotherapist MCSP, HCPC registered & Rhythmical Massage Therapist MRMTA*

Anna has a special interest in pain management and rehabilitation and offers physiotherapy from a holistic perspective. She works with an integrated approach, which means Rhythmical Massage and/ or 1–1 Pilates Rehabilitation could be incorporated where appropriate or could also be applied as separate therapies.

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*Elaine Sadler is an award-winning health and beauty therapist, working as a Dr Hauschka Esthetician & Holistic Therapist.*

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[elaine.sadler6@gmail.com](mailto:elaine.sadler6@gmail.com)



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[elizabeth@skinsensibility.co.uk](mailto:elizabeth@skinsensibility.co.uk)



## Homeopathy, Reflexology & Weleda Advisor

*Katerina Roberts, BSc(Hons), Cert.Ed.*

Katerina has over 30 years of experience as a Complementary Therapy Practitioner, treating general health issues in adults and children. She has a degree in homeopathy and has taught health professionals and the general public at various colleges around London.

She also takes a holistic approach to health. She believes that in today's fast changing world, people need assistance at all levels, not only physically but emotionally and spiritually. By bringing relaxation and balance to the individual, her aim is to help each person to become the best version of themselves in their journey towards good health and wellbeing. Homeopathic Skype appointments available on request.

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For further information:

[www.sophiasmiththerapies.co.uk](http://www.sophiasmiththerapies.co.uk)

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## EURYTHMY THERAPY AND NEURO LINGUISTIC PROGRAMMING

*Judith Byford, Diplomas Eurythmy London School of Eurythmy, Eurythmy Therapy Training of Great Britain Neuro Linguistic Programming (NLP) Practitioner, the International NLP Training Association.*

My aim as a eurythmy therapist is to enable the client to move forward into wellbeing and good body health. NLP aims to find the root of the blockage in thinking.

For further information: [eurythmytherapy.co.uk](http://eurythmytherapy.co.uk)

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Contact us on [info@kairosrehabilitation.org.uk](mailto:info@kairosrehabilitation.org.uk)  
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### STUDY GROUP

For details please contact Ingrid Hermansen on 07712 810 108 or [gainservice@gmail.com](mailto:gainservice@gmail.com)



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